LL’s Magnetic Clay Bath Formulas

Arsenic Detox Clay Bath

This bath formula assists in eliminating: Arsenic (inorganic and organic forms)

Sources of Arsenic: Tap water, well water, tobacco, fossil fuels, wood preservatives, insecticides, herbicides, fungicides, pesticides, paints and pigments, leaded gasoline, shellfish, metal alloys, ceramics, textiles, and more. Most disturbing is the presence of arsenic in soil and animal feed, thereby passing arsenic up the food chain.

Related Symptoms of Arsenic Toxicity: Stomach and intestinal disorders, dermatitis, lung irritation, hormone disruption, immune disorders, brain damage, hair loss, headaches, loss of appetite, sore throat, weakness, confusion, cardiovascular disorders, overall reproductive and biological mutagen.

Quick Fact: Starting in 2006, the maximum allowable level of arsenic in drinking water was cut by the EPA from 50 parts per billion to 10, but even a little is too much. Researchers at Dartmouth Medical School discovered a major disruption of endocrine (hormone) function in rat cells at levels 20 times lower than the new standard. Hormone disruption, in humans and animals, has been associated with cancer, birth defects, cardiovascular disease and diabetes, just to name a few.

Environmental Detox Clay Bath

This bath formula assists in eliminating: Generalized toxic exposures in our daily life, including inorganic and organic chemical residues, nicotine, pesticides, insecticides, herbicides, fungicides, industrial pollution, food preservatives, phthalates (plastic residues, artificial fragrances), PCB’s, VOC’s, PFOA’s (non-stick surfaces), radiation exposures (nuclear, medical, food, etc), various carcinogens, and more.

Sources of Environmental Toxins: Air pollution, polluted municipal and ground water supplies, various toxins passed up the food chain. The sources for environmental toxins are near limitless in our industrialized world.

Related Symptoms of Environmental Toxicity: Chronic fatigue, headaches, memory and cognitive dysfunction, multiple chemical sensitivities (MCS), hormone disruption, behavioral and learning disorders, and much more.

Quick Fact: The World Health Organization (WHO) has acknowledged environmental pollution as the underlying cause in nearly 80% of all chronic degenerative diseases.
Aluminum Detox Clay Bath

*This bath formula assists in eliminating:* Aluminum, arsenic, lead, mercury, industrial and chemical pollutants, and chemical residues.

**Sources of Aluminum:** Aluminum cans, aluminum cookware, aluminum foil, antacids, buffered aspirin, automotive parts and exhaust, cigarette filters, dyes and pigments, cosmetics, refined flours, refined foods, dental amalgams, deodorants, tap water, over the counter medication, milk products, toothpaste, tobacco smoke, and more.

**Symptoms Related to Aluminum Toxicity:** Kidney and liver dysfunction, hyper activity, attention deficit, decreased bone density, extreme nervousness, speech disturbances, memory loss, cognitive dysfunction, seizures, and more.

**Quick Fact:** Individuals who have died as a result of Alzheimer’s disease have been found to have been found to have up to four times the average amount of accumulated aluminum in brain tissue.

Mercury I Detox Clay Bath

*This bath formula assists in eliminating:* Elemental mercury, organic mercury (methyl and ethyl mercury), and inorganic mercury

**Sources of Mercury:** Dental amalgams, vaccines, fish (especially those higher up the food chain), air pollution from coal fired power plants, adhesives, thermometers, cosmetics, plastics, fabric softeners, felt, floor waxes/polishes, fungicides, industrial waste, laxatives, wood preservatives, hair dye, batteries, solvents, and more.

**Symptoms Related to Mercury Toxicity:** Learning and behavioral disorders, tremors, dermatitis, insomnia, edema, fatigue, fever, forgetfulness, frequent colds, gastric disturbances, migraine headaches, hearing impairment, high blood pressure, impaired concentration, irregular heartbeat, kidney and liver damage, lack of coordination, loosening of teeth, loss of appetite, leaky gut syndrome, metallic taste, muscle weakness, nervousness, numbness, tingling in hands and feet, pain in the chest, restriction of visual field, ringing in the ears, shallow or irregular breathing, speech disorders, weight loss, and much more. Mercury is currently associated with over 4,000 diseases.

**Quick Fact:** Mercury is one of the most toxic substances known to man. Just a fraction of a teaspoon can render all the fish in a 20-acre lake unsafe to eat.

Mercury II Detox Clay Bath

*This bath formula assists in eliminating:* Similar to the Mercury I formula but with the addition of cilantro, chlorella, and other special herbs, this bath also assists in removal of elemental mercury, organic mercury (methyl and ethyl mercury), and inorganic mercury. Can be used in place of, or alternated with the Dental Mercury I formula.

*See details on Dental/Mercury bath formula for sources and symptoms of Mercury*
Radiation Detox Clay Bath

This bath assists in eliminating: All types of radiation and radioactive residues

Sources of Radiation: Computers, microwaves, cell phones, most electronics, industrial pollution, nuclear plants, x-rays, chemotherapy, irradiated foods, nuclear warfare, military grade weapons (depleted uranium shells, etc…). This silent killer is present everywhere and we are exposed daily to it in our technical world and in our atmosphere.

Related Symptoms to Radiation: Anxiety, hysteria, insatiable hunger, dizziness and vertigo, rheumatic pains, hearing problems, complete exhaustion, extreme tiredness, mood swings, hot and cold flashes, gastric distress, migraine headaches, memory loss, flu like symptoms, nausea, suppressed immune system, low red and white blood cell counts, infertility, and more.

Quick Fact: Following the 1986 nuclear explosion in Chernobyl, clay was often given to those affected in order to mitigate the symptoms of exposure to radiation. In fact, some countries utilize clay as an absorptive buffer material in containers used to permanently house radioactive waste.

Smoker’s & Drug Detox Clay Bath

This bath assists in eliminating: Cadmium, tobacco residues, pharmaceutical drug residues, recreational drug residues, food preservatives, hexavalent chromium, hydrogen cyanide, nicotine, lead, arsenic, and more. This bath can also be used as a foundational therapy for overcoming addiction in smokers and recreational drug users.

Sources of Cadmium and other Drug Residues: Cigarette smoke, recreational and pharmaceutical drugs, dental alloys, batteries, cadmium hardware, refined cereals, colas, copper refineries, fertilizers, fungicides, refined grains, rubber, plastics, marijuana, evaporated milk, motor oil, oysters, paint, pesticides, processed foods, rubber carpet backing, vending machine soft drinks, municipal ground water, welding material and more.

Related Symptoms of Cadmium Toxicity: Bronchial disorders, lung disorders, headaches, heart problems, anemia, high blood pressure, kidney and liver disorders, learning and behavioral disorders, cognitive decline, memory impairment, and more.

Quick Fact: Aside from carbon dioxide, tar, and nicotine, cigarette smoke also contains radioactive lead and polonium. Each pack of cigarettes smoked can be equated to receiving one chest x-ray.

Clear-Out Detox Clay Bath (General Detox)

This bath assists in eliminating: Mercury, lead, arsenic, and aluminum. This bath’s herbal components also assist in addressing issues of allergies, digestive disorders, anxiety, mood, memory, and more. Clear-Out also relieves muscular and joint pain, increases circulation, enhances digestion, calms the nerves, and brings about general health and overall youthfulness to the body.

Sources of Environmental Toxins: Air pollution, polluted municipal and ground water supplies,
various toxins passed up the food chain. The sources for environmental toxins are near limitless in our industrialized world.

**Related Symptoms of General Toxicity:** The World Health Organization (WHO) has acknowledged environmental pollution as the underlying cause in nearly 80% of all chronic degenerative diseases. Toxic chemicals and metals have the potential to negatively impact every biological function occurring within your body.

**Tox-Away Detox Clay Bath (General Detox)**

*This bath assists in eliminating:* Tox-Away is a general detox formula for all metals, including mercury, arsenic, cadmium, nickel, tin, and more. This bath does have an herb that assists in liver detoxification.

**Sources of Environmental Toxins:** Air pollution, polluted municipal and ground water supplies, various toxins passed up the food chain. The sources for environmental toxins are near limitless in our industrialized world.

**Related Symptoms of General Toxicity:** The World Health Organization (WHO) has acknowledged environmental pollution as the underlying cause in nearly 80% of all chronic degenerative diseases. Toxic chemicals and metals have the potential to negatively impact every biological function occurring within your body.

**Copper and Lead Detox Clay Bath**

*This bath assists in eliminating:* Lead and Copper

**Sources of Copper:** While copper is used in a variety of applications, the most common sources of excessive copper absorption is through copper piping, ground water, and mineral supplements.

**Sources of Lead:** Automobile exhaust, leaded crystal, lead based paint, ceramic glazes, water from lead plumbing, leaded gasoline, ground water, soldering and welding.

**Symptoms Related to Copper Toxicity:** Artery hardening, diarrhea, digestive disorders, eczema, irritability, high blood pressure, hyperactivity, insomnia, liver and kidney dysfunction, nasal irritation, nausea, bitter taste, and more.

**Symptoms Related to Lead Toxicity:** Abdominal pain, chronic fatigue, attention deficit, addiction, anemia, clumsiness, confusion, learning disabilities, infertility, cognitive dysfunction, constipation, emotional instability, gout, migraine headaches, high blood pressure, insomnia, nervousness, loss of appetite, nausea, metallic taste, and more.

**Quick Fact:** More than 1 in 25 American children have blood lead levels high enough to lower IQ, cause learning disabilities, attention deficit disorder, violent behavior, and hyperactivity.
**Formaldehyde Detox Clay Bath**

*This bath assists in eliminating:* Formaldehyde

*Most Common Sources of Formaldehyde Exposure:* Widely used in building and household products, resins, plastics, pressed wood products such as particleboard and plywood, insulation, carpeting, adhesives, paints and dyes, nail polish and hardeners, vaccines, medications, paper products, fabrics and textiles, dry cleaning, cosmetics, mattresses, and more. Formaldehyde may also be released into the air by burning wood, kerosene, natural gas, cigarette smoke, and charcoal.

*Related Symptoms of Formaldehyde Toxicity:* Loss of oxygen and feeling of suffocation, irritation of the eyes, throat and nose, chest tightness and wheezing, asthmatic symptoms, skin contact may cause rashes, nose bleeds, nausea, vomiting, migraine headaches, sleep disturbances, and dizziness, and more.

*Quick Fact:* Insulation, carpeting, and pressed wood products in your home typically off-gas formaldehyde into the air you breathe for approximately 7-8 years.

**LL's Natural Detox Clay Bath**

This formula is our only LL's Magnetic Clay Bath that is free of all herbs and spices. Just pure LL’s Magnetic Clay. For those who are exceptionally sensitive or have allergies to any of the herbs listed in our ingredients, this is the bath kit for you.